

Why be  
anywhere  
else?

The Colour of a  
Wingello Spring



# Tough Mudder is coming to Wingello

*A fun event where it is OK to get filthy while testing yourself.*

For the first time ever, the Southern Highlands will host the premier adventure challenge series in the world, as Tough Mudder returns to NSW in Wingello over the weekend of **15 and 16 November 2014**.

***You can see a map of the course and where it is in Wingello in the Shop window.***

“Probably the Toughest Event on the Planet”, Tough Mudder is an 18 kilometre obstacle course challenge, designed by British Special Forces to test the all-round strength, stamina, teamwork and camaraderie of anyone willing to push themselves to the limit.

Thousands are expected to descend on the bush land-turned-obstacle course to tackle obstacles including ice-water, a greasy quarter-pipe, live electrical wires, and a whole lot of mud. Drawn from the idea of giving people a new way to think about fitness, Tough Mudder inspires teamwork and unlocks a sense of accomplishment unlike anything else.

Tough Mudder’s General Manager – Australasia, Jeremy Kann said, “We scoured the State for a new and improved location for Tough Mudder Sydney and we are extremely excited to be heading to the Southern Highlands. Packed full of steep cliffs, rolling hills and thick Aussie bush – the Southern Highlands location is set to be one of the most unique Tough Mudder courses ever,” said Jeremy.

“Our Course Designers have been hard at work designing and building new challenges and surprises to maximise this unique terrain and we can’t wait to unleash the new course. From gym junkies to business executives to mums looking for a new challenge, Tough Mudder is always a challenging and rewarding experience – so we encourage all locals to join friends and family, and together unlock a sense of accomplishment unlike anything else,” continued Jeremy.

Tough Mudder continues to work with local stakeholders to leverage resources available in town to allow local village trades to have opportunities to maximise the benefits of this Global event. Organisers are also planning on delivering a tailored spectator hub with the catering components resourced by immediate village resources providing a wonderful showcase for local produce and the local community.

Construction has commenced at the venue which will push Southern Highlands “Mudders” through a 18km

military-style course that will feature some never-before-seen obstacles in NSW including –

- “Leap of Faith” – a flying leap over a pit of water to a hanging cargo net
- “Pole Dancer” – cross a pit of water on two rails, using only upper body strength
- “Hangin Tough” – a series of roman rings above a pit of water
- “Fire in Your Hole” – an almost vertical rom slide that shoots you through a wall of fire and propels you the length of a bus into a pit of muddy water\*

*\*Exclusive for Legionnaires (repeat participants)*

Some old Tough Mudder favourites will also make a triumphant return including “Everest” – a greased-up quarter-pipe; and “Electroshock Therapy” – a gauntlet of 10,000-volt-charged dangling wires participants must barrel through to get to the finish line. The goal for participants is not to win a medal but simply to finish – on average, only 78% successfully complete the event. With a course designed to be virtually impossible to complete individually, 80% of participants register with a team.

Registrations for the Tough Mudder Sydney event are still open. For more information, check out <http://toughmudder.com.au/events/2014-sydney-au>

Spectator tickets are also available. For those interested in finding other ways to get involved – and getting a discount on future registration – Tough Mudder is currently also on the lookout for volunteers to be a part of the action.

## Store Opening Hours

Phone: 02 4884 4340

Mon - Thu:	7:30 am - 6:00 pm
Fridays:	7:30 am - 9:00 pm (Restaurant till later in the evening!)
Weekends:	8:00am - 2:30pm
Public holidays:	8:00am - 10:30am

We are open **Every Day** except Good Friday and Christmas.

The Wingello Village Store is now on Facebook. Just look for **Wingello Village Store** and you will find us.



You can also get Wingello Village News via email. Just contact us at [wingello@gmail.com](mailto:wingello@gmail.com) and we will send you the subscription link.

## Chef's Night Special

The monthly Chef's night specials have been going well, providing a great quality three course meal for a very reasonable price.

This month we are providing a tasty selection perfect for the warmer weather on **Friday 17 October**.

Entrees are served at 6:30pm. We cater for gluten intolerant and vegetarian diners with appropriate notice. Please book early as places are limited.

**Entree:**

French Onion soup containing caramelised onions served with buttered croutons lightly topped with cheese.



**Main:**

Crispy fried chicken, marinated in a special selection of flavours for over 24 hours, served with chat potatoes mixed with butter and herbs, and a light salad in special herb dressing.

**Dessert:**

Lemon tea cake with whipped fresh cream.

This is a great opportunity for a fine meal in your own home village.



## Wingello Fire Brigade News

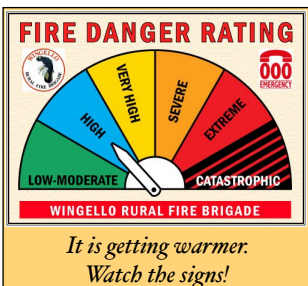
August and September have been busy months for the Brigade, starting off with the Southern Highland Classic Marathon held in the Wingello State Forest. The Brigade assisted in the parking and marshalling points for the race and also providing the radio communications systems for the event. The day was very successful and the Brigade looks forward to being involved with this event next year.

The Brigade CABA crew assisted Penrose Brigade with their visit to Penrose Primary School classes and the set up of the Smoke House. Many thanks to Tim Ball and Tess Brearley who presented themselves to the children in their CABA gear and informed them about their equipment and what they did in a fire situation. The children enjoyed the day.

The brigade's tenth anniversary 'FireFlies' Dinner Dance was held on the 20th September at the Wingello Mechanics Hall. The hall looked great, being decorated in the traditional way, and with 102 attending was the biggest the brigade has had. It would appear from the positive feedback that has been received that everyone had a great night. Many photos were taken and can be seen on our Facebook page. The first prize in the raffle was won by a couple from Canberra and they will be soon enjoying a 3 day cruise with P & O. The second prize won by a well known Wingello resident and the third by a couple from Randwick. As a result of the

great support for our raffle the brigade presented a cheque for \$1000 to 'Coffee for Kids' and will directly benefit the Children's Hospital at Westmead. Helen Brearley and her catering team provided a very enjoyable meal with very few

scraps coming back to the kitchen. Thank you to Helen. The brigade also participated in the state-wide RFS 'Open Day' and it was the most successful for some years. Many local residents along with quite a few from outside the area, including a vehicle from a touring car club, dropped in along with their children and grand children to enjoy the jumping castle, our face painter Naomi and of course our BBQ capably run by our Brigade member Ron Poulton. The Brigade held some demonstrations of training programs we go through that assist us in the event of an actual fire incident. The response we had from those demonstrations was terrific; people said that they could understand more by seeing the practical exercise than what we have said in theory. We also had many who wanted advice and to talk about their level of risk and completing their Bush Fire Survival Plan. If anyone would like more assistance in this matter please do not hesitate to call the brigade. As the Bush Fire Danger Period is now upon us and it is time we all looked to our homes to make sure that we have done the best we can to PREPARE in the event of a fire situation. We are still visiting homes within the village but this last month has been busy and we are a little behind but we will get around to everyone.



*Fire Brigade action at the Open Day*